

Isela Hylander

Group Fitness Instructor

Dear Kianny Rubinson,

I am writing to express my keen interest in the Group Fitness Instructor position at Les Mills, as advertised. With a solid foundation of five years of experience in the fitness industry, particularly with my tenure at CrossFit Inc., I am excited about the opportunity to bring my passion for health, fitness, and community building to your esteemed company.

During my time at CrossFit Inc., I honed my skills in leading high-intensity group workouts, crafting scalable fitness programs that cater to a diverse range of abilities, and fostering a supportive and motivational environment. My commitment to personal development and continuous learning has enabled me to effectively guide my clients towards achieving their fitness goals, while ensuring the highest standards of safety and technique.

What excites me most about the opportunity at Les Mills is the company's reputation for innovative and scientifically-backed group fitness programs. I am deeply aligned with the Les Mills philosophy of creating a fitter planet, and I am eager to contribute to this vision by inspiring and empowering individuals through engaging and dynamic workouts.

I am confident that my experience in developing and delivering comprehensive fitness programs, coupled with my ability to connect with participants and create an inclusive community, make me an ideal candidate for this role. I am passionate about leveraging my background to help Les Mills expand its impact and continue to set the standard for group fitness excellence.

Thank you for considering my application. I am looking forward to the possibility of discussing how my experience and enthusiasm for group fitness can be a great match for the culture and clientele at Les Mills. I am eager to contribute to your team and excited about the prospect of being part of a company that is at the forefront of the fitness industry.

Warm regards,

Isela Hylander

To

Les Mills
Kianny Rubinson

From

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