Dessa Tudon

Art Therapist

Art Therapist with 4 years of experience in developing and implementing creative therapeutic interventions for diverse client populations. Skilled in tailoring treatment plans to address individual needs, fostering emotional healing, and promoting personal growth. Proficient in group facilitation, interdisciplinary collaboration, and maintaining accurate documentation. Passionate about utilizing the transformative power of art to enhance mental health and well-being.

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58103



1234 Oak Street, Fargo, ND 😯



Education

Master of Arts in Art Therapy at University of North Dakota, Grand Forks,

Aug 2014 - May 2019

Relevant Coursework: Psychopathology and Diagnosis, Art Therapy Theories and Techniques, Group Therapy, Counseling Skills, Ethics and Professional Practice, Research Methods, Multicultural Perspectives, and Clinical Internship.

Links

linkedin.com/in/dessatudon

Skills

Psychotherapy

Artistic Expression

Mindfulness Techniques

Cognitive-Behavioral Therapy

Trauma-Informed Care

Group Facilitation

Play Therapy

Employment History

Art Therapist at Creative Plains Foundation, ND

Apr 2023 - Present

- Developed and implemented a comprehensive art therapy program for over 500 children and adults, resulting in a 75% improvement in participants' mental health and well-being.
- Successfully organized and facilitated 12 community-wide art exhibitions, showcasing the works of over 250 program participants and raising \$50,000 in donations for the Creative Plains Foundation.
- Conducted 10 professional development workshops for local educators and therapists on incorporating art therapy techniques into their practice, reaching over 150 professionals and increasing awareness of the benefits of art therapy.
- Collaborated with interdisciplinary teams to create individualized treatment plans for 100+ clients, leading to a 90% success rate in achieving therapeutic goals and improving clients' overall quality of life.

Art Therapy Assistant at Red River Art Therapy, ND

Aug 2019 - Feb 2023

- Successfully assisted in the creation and implementation of over 150 personalized art therapy sessions for clients, resulting in a 95% satisfaction rate and improved mental health outcomes.
- Coordinated and facilitated 3 successful community outreach events, raising awareness about the benefits of art therapy and increasing client referrals by 30%.
- Collaborated with a team of therapists to develop and launch an innovative online art therapy platform, attracting over 200 new virtual clients within the first 6 months of operation.
- Played a key role in securing a \$10,000 grant for Red River Art Therapy, enabling the expansion of services and resources to reach a wider demographic in the North Dakota community.

Certificates

Registered Art Therapist (ATR)

Nov 2021

Board Certified Art Therapist (BCAT)

May 2020