

Kawehi Mirabelli

Athletic Trainer

Profile

Dedicated Athletic Trainer with 2 years of experience in providing exceptional injury prevention, evaluation, and rehabilitation services to athletes.

Proficient in developing tailored training programs, promoting safe athletic practices, and collaborating with multidisciplinary teams to optimize athlete performance. Strong interpersonal skills and a commitment to staying current with industry advancements to ensure the highest standard of care.

Employment History

Head Athletic Trainer at Alabama Orthopedic Rehabilitation Specialists, AL

Apr 2023 - Present

- Successfully reduced injury recovery time by 25% for over 100 athletes, enabling them to return to their sport faster and perform at optimal levels.
- Implemented a comprehensive injury prevention program that decreased the incidence of injuries by 30% among the 200 athletes under care at Alabama Orthopedic Rehabilitation Specialists.
- Developed and conducted 50+ educational workshops and seminars on sports medicine topics, reaching over 1,000 athletes, coaches, and healthcare professionals in the Alabama region.

Assistant Athletic Trainer at Huntsville Sports Medicine and Orthopedic Center, AL

Jul 2021 - Mar 2023

- Successfully managed the rehabilitation of over 250 athletes, resulting in a 95% return-to-play rate within the expected timeframe.
- Developed and implemented injury prevention programs that reduced injury rates by 30% for local high school sports teams.
- Coordinated with physicians and physical therapists to create individualized treatment plans for athletes, leading to a 90% satisfaction rate among patients and their families.
- Streamlined the athletic training inventory system, reducing costs by 20% and improving efficiency in supply management.

Certificates

Certified Athletic Trainer (ATC)

Jul 2021

Performance Enhancement Specialist (PES)

Sep 2019

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📍 123 Oak Street, Birmingham, AL 35201

Education

Bachelor of Science in Athletic Training at University of Alabama, Tuscaloosa, AL

Sep 2017 - May 2021

Relevant Coursework: Human Anatomy and Physiology, Kinesiology, Exercise Physiology, Biomechanics, Athletic Injury Prevention and Care, Therapeutic Modalities, Rehabilitation Techniques, Nutrition, Sports Psychology, and Clinical Practicum.

Links

[linkedin.com/in/kawehimirabelli](https://www.linkedin.com/in/kawehimirabelli)

Skills

Kinesiology

Rehabilitation

Taping/Bracing

Injury Prevention

Hydrotherapy

Biomechanics

Sports Nutrition

Languages

English

Indonesian