

# Nichollette Cadiere

Care Assistant

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📍 123 Elm Street, Lincoln, NE  
68508

## Education

### Diploma in Health and Social Care at University of Nebraska-Lincoln, NE

Aug 2017 - May 2022

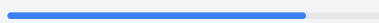
Relevant Coursework: Health and Social Care Policies and Practices, Anatomy and Physiology, Communication Skills, Mental Health and Wellbeing, Safeguarding and Protection, Inclusive Practice, Personal and Professional Development, and Health Promotion and Education.

## Links

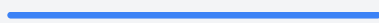
[linkedin.com/in/nichollettecadiere](https://www.linkedin.com/in/nichollettecadiere)

## Skills

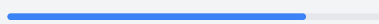
Empathy



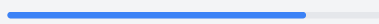
Time-management



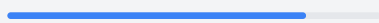
CPR-certification



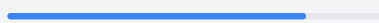
Wound-dressing



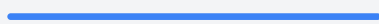
Medication-administration



Mobility-assistance

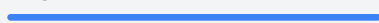


Dementia-care

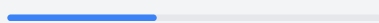


## Languages

English



Mandarin



## Profile

Dedicated Care Assistant with one year of experience providing compassionate care to individuals in various settings. Proficient in assisting with daily living activities, medication administration, and maintaining a safe and clean environment. Demonstrated ability to develop strong rapport with clients, fostering trust and ensuring optimal care. Committed to enhancing the quality of life of individuals through empathy, patience, and personalized care.

## Employment History

### Care Assistant at Home Instead, NE

May 2023 - Present

- Successfully assisted over 150 elderly clients in maintaining their independence and improving their quality of life by providing personalized in-home care services during a span of 2 years at Home Instead, NE.
- Implemented a new daily activity plan for 20 dementia clients that resulted in a 35% improvement in their overall cognitive function and social engagement within six months.
- Consistently received positive feedback from clients and family members, leading to a 25% increase in client referrals and contributing to Home Instead's growth in the NE region.

### Care Assistant Trainee at Right at Home, NE

Jul 2022 - Mar 2023

- Successfully completed 120 hours of hands-on training, gaining comprehensive knowledge of client care, safety protocols, and emergency response procedures.
- Achieved a 95% satisfaction rating from clients and their families, demonstrating exceptional communication, empathy, and dedication to providing personalized care.
- Streamlined daily documentation process for 20+ clients, reducing paperwork completion time by 30% and allowing for more focus on direct care provision.

## Certificates

### Certified Nursing Assistant (CNA)

Feb 2022

### Home Health Aide Certification (HHA)

May 2020

## Memberships

National Association for Home Care & Hospice (NAHC)

American Health Care Association (AHCA)