

Nataly Foston

Certified Nursing Assistant

Dedicated Certified Nursing Assistant with 1 year of experience in providing high-quality patient care in fast-paced healthcare environments. Proficient in assisting with ADLs, maintaining accurate documentation, and promoting patient safety. Strong communication and interpersonal skills, with a demonstrated ability to collaborate effectively with multidisciplinary teams. Committed to continuous professional development and enhancing patient-centered care.

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(501) 223-7160 

123 Maple St, Boise, ID 83702 

Education

Certified Nursing Assistant Diploma at Idaho State University, Pocatello, ID

Aug 2018 - May 2022

Relevant Coursework:
Fundamentals of Nursing,
Anatomy and Physiology,
Medical Terminology, Basic
Life Support, Patient
Care Techniques, Infection
Control, Nutrition and
Hydration, Communication and
Interpersonal Skills, Legal and
Ethical Issues in Healthcare,
and Clinical Practicum.

Links

[linkedin.com/in/natalyfoston](https://www.linkedin.com/in/natalyfoston)

Skills

Phlebotomy



Electrocardiography



Catheterization



Wound care



Ostomy management



Vital signs monitoring



Medication administration



Employment History

Certified Nursing Assistant at St. Luke's Health System, ID

Feb 2023 - Present

- Successfully managed the care of over 60 patients daily, ensuring timely and accurate administration of medications, treatments, and other necessary interventions.
- Decreased patient falls by 25% through effective communication with nursing staff and implementation of fall prevention strategies, resulting in improved patient safety and satisfaction.
- Provided exceptional end-of-life care for more than 20 terminally ill patients and their families, offering emotional support and maintaining patient dignity throughout the dying process.
- Streamlined the patient admission process by collaborating with interdisciplinary team members to develop and implement a more efficient system, reducing average admission time by 30%.

Nursing Assistant Trainee at Kootenai Health, ID

Aug 2022 - Dec 2022

- Successfully completed 120 hours of comprehensive nursing assistant training, including 80 hours of classroom instruction and 40 hours of clinical practice, under the supervision of experienced healthcare professionals.
- Provided high-quality patient care to an average of 20 patients per shift, maintaining a 95% satisfaction rate as reported by patients and their families, which contributed to Kootenai Health's overall patient satisfaction scores.
- Assisted in the implementation of a new electronic health record (EHR) system, resulting in a 30% reduction in documentation errors and a 15% increase in overall efficiency within the department.
- Actively participated in weekly team meetings and continuous improvement initiatives, contributing to a 10% decrease in patient falls and a 5% reduction in hospital-acquired infections during the trainee period.

Certificates

Certified Nursing Assistant (CNA) - Certified Dementia Practitioner (CDP)

Feb 2022

CNA - Hospice and Palliative Care Certification

Sep 2020