

Cynda Antosh

Community Health Nurse

Profile

Dedicated Community Health Nurse with 1 year of experience in providing compassionate care, health education, and promoting wellness within diverse populations. Skilled in conducting assessments, creating care plans, and collaborating with multidisciplinary teams. Adept at addressing the unique needs of each community and fostering strong relationships with patients to improve health outcomes. Committed to staying current with best practices and advancements in the nursing field. Demonstrated ability to adapt to new environments and deliver high-quality care in various settings.

Employment History

Community Health Nurse at Sutter Health, CA

Apr 2023 - Present

- Successfully managed a caseload of over 150 patients, providing comprehensive healthcare services including assessment, diagnosis, treatment, and follow-up care, resulting in a 20% reduction in hospital readmissions for the targeted population.
- Implemented a community-based immunization program that reached over 1,000 individuals, increasing vaccination rates by 25% and contributing to a healthier community.
- Developed and facilitated health education workshops for more than 500 participants, focusing on topics such as diabetes management, hypertension, and nutrition, leading to a 15% improvement in patients' self-reported health behaviors.
- Collaborated with local organizations to coordinate a community health fair, offering free screenings and health education to over 2,000 attendees, raising awareness about available resources and promoting preventive care.

Community Health Nurse I at , CA

Jul 2022 - Mar 2023

- Successfully implemented a community health program that increased vaccination rates by 25% in the target population, resulting in a significant decrease in preventable illnesses in the area.
- Conducted regular health education workshops and seminars for over 500 community members, leading to a 30% increase in awareness of the importance of preventive healthcare and healthier lifestyle choices.
- Collaborated with local healthcare providers to establish a network of accessible healthcare services, improving access to care for more than 1,000 underserved individuals and families in the community.

Certificates

Certified Community Health Nurse (CCHN)

Feb 2022

✉ cynda.antosh@gmail.com

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📍 1234 Sunshine Blvd, San Francisco, CA 94110

Education

Bachelor of Science in Nursing with a focus on Community Health at California State University, Sacramento

Sep 2018 - May 2022

Relevant Coursework: Community Health Nursing, Health Promotion and Education, Epidemiology, Public Health, Health Assessment, Pathophysiology, Pharmacology, Nursing Research, Medical-Surgical Nursing, Pediatric Nursing, Maternal-Child Nursing, Mental Health Nursing, Leadership and Management, and Nursing Informatics.

Links

[linkedin.com/in/cyndaantosh](https://www.linkedin.com/in/cyndaantosh)

Skills

Immunization

Health education

Disease prevention

Wound care

Nutrition counseling

Mental health support

Telehealth

Languages

English