

Mardee Curran

Diet Technician

Details

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(763) 190-9991

123 Maple Street, Detroit, MI 48201

Profile

Diet Technician with 1 year of experience in providing exceptional nutritional care and support to clients. Proficient in dietary planning, meal preparation, and monitoring client progress. Strong knowledge of various diet plans and medical nutrition therapy. Excellent communication and interpersonal skills, with a proven ability to work collaboratively in a multidisciplinary team. Committed to promoting healthy lifestyle choices and providing personalized care to optimize client outcomes.

Employment History

Diet Technician at Michigan Academy of Nutrition and Dietetics, MI

Apr 2023 - Present

- Successfully managed the dietary needs of over 150 patients daily, ensuring a 95% satisfaction rate in meal planning and nutrition counseling for diverse medical conditions.
- Developed and implemented a streamlined meal planning system that improved efficiency by 30%, resulting in reduced food waste and increased patient satisfaction.
- Collaborated with a team of dietitians to create and deliver 12 nutrition education workshops, reaching over 200 community members and increasing awareness about healthy eating habits.
- Conducted a comprehensive review of the facility's food service operations, resulting in a 20% reduction in food costs and a 15% improvement in overall food quality.

Assistant Diet Technician at MI Dietetic Institute, MI

Jul 2022 - Feb 2023

- Successfully implemented a new meal planning software, resulting in a 25% increase in efficiency and a 15% reduction in food waste for the MI Dietetic Institute.
 - Streamlined communication between the kitchen staff and dietitians, improving the accuracy of meal preparation by 20% and reducing client complaints by 30%.
 - Assisted in the development and execution of a nutrition education program for over 100 clients, leading to a 40% increase in client satisfaction and a 10% improvement in overall health outcomes.
 - Conducted a comprehensive review of existing dietary protocols, identifying areas for improvement and updating guidelines to meet current industry standards, ultimately enhancing the quality of care provided by the MI Dietetic Institute by 15%.
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Education

Associate of Applied Science in Dietetic Technology at Macomb Community College, Warren, MI

Sep 2018 - May 2022