



# Kyla Kiley

## Dietetic Technician

Results-driven Dietetic Technician with 2 years of experience in providing exceptional nutritional care and support to diverse clients. Proficient in conducting dietary assessments, developing personalized meal plans, and educating individuals on healthy eating habits. Demonstrated ability to collaborate effectively with interdisciplinary teams and maintain accurate documentation. Adept at staying current with industry trends and research to enhance client outcomes. Committed to promoting overall wellness and improving clients' quality of life through evidence-based nutrition interventions.

[kyla.kiley@gmail.com](mailto:kyla.kiley@gmail.com) 

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### Education

**Associate of Applied Science  
in Dietetic Technology at  
University of Arkansas at  
Pine Bluff, AR**

Aug 2017 - May 2021

Relevant Coursework: Nutrition  
Science, Medical Nutrition  
Therapy, Food Service  
Management, Dietetic  
Technologies, Community  
Nutrition, Lifecycle Nutrition,  
Nutritional Counseling, and  
Clinical Practicum.

### Links

[linkedin.com/in/kylakiley](https://www.linkedin.com/in/kylakiley)

### Skills

Nutritional Assessment

Meal Planning

Food Safety

Medical Nutrition Therapy

Dietary Counseling

Nutrient Analysis

Health Promotion

### Employment History

#### Dietetic Technician at Arkansas Dietetic Association, AR

Feb 2023 - Present

- Successfully implemented a new meal planning system for over 500 patients, resulting in a 25% increase in patient satisfaction and a 15% reduction in food waste.
- Conducted a comprehensive nutritional analysis of over 1,000 food items, leading to the development of healthier menu options that contributed to a 10% decrease in obesity rates among patients.
- Trained and mentored 20 new dietetic technicians, ensuring a consistent level of quality care and contributing to a 30% increase in overall staff efficiency.

#### Dietetic Technician Assistant at Nutrition Solutions LLC, AR

Aug 2021 - Dec 2022

- Successfully managed the dietary needs of over 200 clients per month, resulting in a 95% satisfaction rate and a 30% increase in client retention within one year.
- Streamlined meal planning processes by implementing a new software system, which reduced meal planning time by 50% and increased efficiency across the team.
- Developed and conducted 3 nutrition education workshops per quarter, reaching over 100 attendees and leading to a 20% increase in new client referrals.
- Collaborated with a team of dietitians to create a new line of nutritious meal kits, generating an additional \$100,000 in annual revenue for Nutrition Solutions LLC.

### Certificates

#### Registered Dietetic Technician (DTR)

Oct 2021

#### Certified Nutrition Support Clinician (CNSC)

Sep 2020

### Memberships

Academy of Nutrition and Dietetics (AND)