

# Teryn Mose

Direct Care Worker

✉ [teryn.mose@gmail.com](mailto:teryn.mose@gmail.com)

☎ (565) 502-6372

📍 1234 Prairie Lane, Wichita, KS  
67212

## Education

### Certificate in Direct Care Work at Wichita State University, Wichita, KS

Sep 2018 - May 2022

Relevant Coursework:  
Foundations of Direct  
Care, Client-Centered  
Support, Communication and  
Interpersonal Skills, Health and  
Safety Protocols, Documentation  
and Record-Keeping, Crisis  
Intervention, Medication  
Administration, and Ethical and  
Legal Issues in Direct Care Work.

## Links

[linkedin.com/in/terynmose](https://www.linkedin.com/in/terynmose)

## Skills

CPR Certification

Medication Administration

Dementia Care

Mobility Assistance

Wound Care

Behavioral Management

Feeding Techniques

## Languages

English

Hindi

## Profile

Dedicated Direct Care Worker with 1 year of experience providing compassionate care to individuals with disabilities and special needs. Skilled in assisting with daily living tasks, developing personalized care plans, and fostering independence. Committed to creating a safe and supportive environment for clients to thrive. Demonstrated ability to work effectively with clients, families, and care teams.

## Employment History

### Direct Care Worker at Hearts at Home Senior Care, KS

Feb 2023 - Present

- Successfully managed the care of over 50 elderly clients during a 2-year tenure, ensuring their physical, emotional, and social needs were met while maintaining a 98% satisfaction rate among clients and their families.
- Implemented a personalized activity program for 30 clients with dementia, which led to a 25% improvement in cognitive function and overall well-being within six months.
- Reduced hospital readmission rates by 40% through effective medication management, fall prevention strategies, and timely communication with healthcare providers for a group of 20 high-risk clients.

### Direct Care Assistant at Comfort Keepers, KS

Jul 2022 - Dec 2022

- Successfully maintained a 95% client satisfaction rate by consistently providing high-quality care and support to clients, leading to increased trust and loyalty among the client base at Comfort Keepers, KS.
- Streamlined daily care routines for over 30 clients, resulting in a 20% improvement in efficiency and enabling the facility to accommodate additional clients without compromising on service quality.
- Conducted comprehensive training sessions for 15 new Direct Care Assistants, ensuring they were equipped with the necessary skills and knowledge to provide exceptional care to clients, thereby contributing to the overall success of Comfort Keepers, KS.

## Certificates

### Certified Direct Support Professional (CDSP)

Nov 2021

### Certified Nursing Assistant (CNA)

May 2020

## Memberships

National Association for Home Care & Hospice (NAHC)