Norris Maichle

Family Therapist

Profile

Dedicated Family Therapist with 2 years of experience in providing compassionate and effective counseling services to diverse families. Skilled in conflict resolution, communication techniques, and evidence-based therapeutic approaches. Demonstrated ability to build strong rapport and foster positive relationships, empowering clients to achieve their personal and familial goals. Committed to continuous professional development and staying current with best practices in the field.

Employment History

Family Therapist at Pelican Family Counseling, LA

May 2023 - Present

- Successfully treated over 150 families with a 90% satisfaction rate, leading to a significant improvement in communication and conflict resolution skills within the family unit at Pelican Family Counseling, LA.
- Developed and implemented an innovative group therapy program for families dealing with addiction, resulting in a 75% reduction in relapse rates and a 50% increase in family participation in therapy sessions.
- Conducted over 50 workshops and seminars on topics such as effective parenting, stress management, and relationship building, reaching over 1,000 attendees and contributing to a 30% increase in new client referrals for Pelican Family Counseling, LA.

Associate Family Therapist at Louisiana Family Therapy, LA

Aug 2021 - Mar 2023

- Successfully implemented a new evidence-based therapy program for 75 families, resulting in a 30% improvement in family functioning and a 25% reduction in conflict levels.
- Conducted over 300 individual and group therapy sessions within a year, achieving a 90% client satisfaction rate and contributing to a 20% increase in client referrals.
- Collaborated with a multidisciplinary team to develop comprehensive treatment plans for 50 high-risk youth, leading to a 35% decrease in behavioral issues and a 40% increase in school attendance rates.
- Provided crisis intervention services for 20 families experiencing acute mental health emergencies, ensuring timely and appropriate care that resulted in a 95% stabilization rate and prevented hospitalization.

Education

Master of Arts in Marriage and Family Therapy at Louisiana State University, Baton Rouge, LA

Aug 2017 - May 2021

Relevant Coursework: Family Systems Theory, Couples Therapy, Child and Adolescent Counseling, Ethical and Legal Issues in Therapy, Cultural

Details

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Links

linkedin.com/in/norrismaichle

Skills

Active Listening

Empathy

Conflict Resolution

Genogram Analysis

Cognitive Reframing

Communication Enhancement

Structural Interventions

Languages

English

Indonesian

Hobbies

Gardening

Painting or drawing

Playing a musical instrument