Binnie Anziano

Football Coach

Profile

Dedicated Football Coach with 1 year of experience in fostering a competitive and growth-oriented environment for athletes. Proficient in developing strategic game plans and conducting effective practice sessions to enhance individual and team performance. Strong communicator and motivator, adept at building rapport and trust with players to instill a strong work ethic and sportsmanship. Committed to continuous learning and staying current on the latest coaching techniques to drive success on and off the field.

Employment History

Head Football Coach at Arizona Cardinals, AZ

May 2023 - Present

- Led the Arizona Cardinals to their first Super Bowl appearance in franchise history during the 2008-2009 season, finishing with a 9-7 regular-season record and securing the NFC West Division title.
- Achieved a franchise-best 13-3 regular-season record in the 2015 season, culminating in an appearance in the NFC Championship game and earning NFL Coach of the Year honors.
- Developed and mentored several players who received Pro Bowl and All-Pro honors, including wide receiver Larry Fitzgerald, cornerback Patrick Peterson, and defensive end Calais Campbell, contributing to the team's overall success and recognition.

Assistant Football Coach at Phoenix Rising FC, AZ

Sep 2022 - Apr 2023

- Developed a comprehensive training program that led to a 15% increase in overall team performance and contributed to Phoenix Rising FC's first-ever appearance in the USL Championship Final in 2018.
- Implemented innovative defensive strategies that resulted in a 20% decrease in goals conceded, helping the team achieve a record-breaking 20-game winning streak during the 2019 season.
- Mentored and coached three players who went on to receive individual awards, including the 2019 USL Championship MVP, Rookie of the Year, and Goalkeeper of the Year.

Education

Bachelor of Science in Physical Education and Coaching at Arizona State University, Tempe, AZ

Aug 2017 - May 2022

Relevant Coursework: Kinesiology, Exercise Physiology, Motor Learning, Biomechanics, Sports Psychology, Health and Wellness, Strength and Conditioning, Fitness Assessment, Nutrition, Movement Education, Adapted Physical Education, Athletic Training, and Coaching Principles.

Details

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Links

linkedin.com/in/binnieanziano

Skills

Playbook Design

Motivational Techniques

Game Analysis

Injury Prevention

Talent Scouting

Time Management

Communication Strategies

Languages

English

French

Hobbies

Collecting sports memorabilia Playing chess

Gardening