# Devora Gorn

**Gymnastics Instructor** 

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• 123 Maple Street, Pittsburgh, PA 15222

#### Education

# **Certificate in Gymnastics** Instruction at Pennsylvania State University, PA

Aug 2018 - May 2022

Relevant Coursework: Gymnastics techniques and progressions, lesson planning and teaching strategies, safety and risk management, spotting and skill development, coaching ethics, and athlete mental and physical conditioning.

#### Links

linkedin.com/in/devoragorn

# **Skills**

**Tumbling** 

**Vaulting** 

Balancing

Spotting

Flexibility

Strength-training

Choreography

# Languages

**English** 

Indonesian

**Hobbies** 

# **Profile**

Dedicated Gymnastics Instructor with 1 year of experience in delivering engaging and effective gymnastics lessons to students of all ages and skill levels. Proficient in creating safe and supportive learning environments while fostering a love for the sport. Adept at individualized instruction, skill development, and progress tracking. Committed to promoting physical fitness, discipline, and teamwork in students and providing a positive, enriching experience.

# **Employment History**

# Head Gymnastics Instructor at Gymkhana Gymnastics, PA

May 2023 - Present

- Led the Gymkhana Gymnastics team to win 15 state championships and 10 regional titles within a 5-year period, showcasing the effectiveness of the training program and dedication to athlete development.
- Increased enrollment in gymnastics classes by 40% over a 3-year period, resulting in higher revenue for the gym and greater opportunities for athletes to participate in the sport.
- Developed and implemented a successful mentorship program that paired experienced gymnasts with younger athletes, leading to a 25% improvement in skill development and overall performance for participating gymnasts.
- Collaborated with local schools and community organizations to host annual gymnastics workshops and clinics, attracting over 200 participants each year and raising awareness for the sport within the community.

#### Assistant Gymnastics Instructor at Prestige Gymnastics, PA

Jul 2022 - Mar 2023

- Successfully coached and mentored over 50 beginner gymnasts, resulting in a 90% improvement in skill development and progression within one year at Prestige Gymnastics, PA.
- Developed and implemented new training techniques for the beginner program, leading to a 25% increase in student retention rate and overall satisfaction in the first six months.
- Assisted in organizing and executing four successful gymnastics meets at Prestige Gymnastics, PA, with over 200 participants, resulting in a 10% increase in gym revenue and positive feedback from parents and competitors.
- Collaborated with head coaches to create a comprehensive progress tracking system for all students, leading to a more personalized and efficient coaching strategy and a 15% increase in student advancement to higher levels.

# **Certificates**

**USA Gymnastics Instructor Certification** 

Sep 2021

International Gymnastics Federation (FIG) Coaching Academy Level 1 Certificate

Dec 2019