

Lisbeth Dillon

Health and Safety Manager

Profile

A dedicated Health and Safety Manager with 5 years of experience in designing, implementing, and monitoring safety programs across various industries. Expert in regulatory compliance, risk assessment, and accident prevention, with a proven track record of reducing workplace incidents and maintaining a safe working environment. Strong leadership and communication skills enable effective collaboration with cross-functional teams and stakeholders to promote a culture of safety and continuous improvement.

Employment History

Health and Safety Manager at Walgreens Boots Alliance, IL

Apr 2023 - Present

- Successfully reduced workplace accidents by 35% within the first year by implementing comprehensive safety training programs and conducting regular safety audits across all Walgreens Boots Alliance locations in Illinois.
- Streamlined the incident reporting process, resulting in a 50% reduction in response time and a 25% increase in the resolution of reported health and safety concerns, fostering a safer work environment for over 10,000 employees.
- Developed and executed a wellness initiative that led to a 20% decrease in employee sick days, which ultimately saved the company \$1.2 million in lost productivity and healthcare costs.

Assistant Health and Safety Manager at Caterpillar Inc., IL

Aug 2018 - Mar 2023

- Implemented a comprehensive safety training program for over 500 employees, resulting in a 25% reduction in workplace accidents and injuries within the first year.
- Conducted thorough risk assessments for all manufacturing processes, leading to the identification and mitigation of 150 potential hazards, significantly improving overall workplace safety.
- Developed and enforced strict compliance with OSHA regulations, resulting in a 40% decrease in safety violations and a 30% reduction in associated fines and penalties.

Education

Bachelor of Science in Occupational Health and Safety at Illinois State University, Normal, IL

Sep 2013 - May 2018

Relevant Coursework: Occupational Safety and Health Regulations, Industrial Hygiene, Ergonomics, Accident Investigation and Analysis, Fire Prevention and Protection, Risk Management, Environmental Health, Hazardous Materials Management, and Safety Training and Education.

Certificates

Details

lisbeth.dillon@gmail.com

(827) 528-7645

1234 Oak Street, Springfield, IL 62704

Links

[linkedin.com/in/lisbethdillon](https://www.linkedin.com/in/lisbethdillon)

Skills

Risk Assessment

Hazard Identification

Emergency Preparedness

OSHA Compliance

Incident Investigation

Ergonomics Evaluation

Safety Training

Languages

English

Bengali

Hobbies

Gardening

Yoga

Cooking healthy meals