



Arlean Hay

Health Educator

Dedicated Health Educator with 2 years of experience in designing and implementing tailored health education programs to promote wellness and disease prevention. Proven ability to develop strong relationships with diverse populations and facilitate positive behavior change. Skilled in conducting needs assessments, creating educational materials, and evaluating program effectiveness. Committed to empowering individuals and communities to make informed decisions about their health and well-being.

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(315) 319-1356 

123 Main St, Baltimore, MD 21201 

Education

Bachelor of Science in Health Education at University of Maryland, College Park, MD

Sep 2016 - May 2021

Relevant Coursework:
Health Promotion and Wellness, Community Health, Epidemiology, Health Behavior Theory, Program Planning and Evaluation, Environmental Health, Health Education Methods and Materials, Human Diseases, Biostatistics, and Health Communication.

Links

[linkedin.com/in/arleanhay](https://www.linkedin.com/in/arleanhay)

Skills



Employment History

Health Educator at Johns Hopkins Medicine, MD

Mar 2023 - Present

- Developed and implemented a comprehensive health education program that reached over 10,000 community members, resulting in a 25% increase in preventative health screenings and a 15% reduction in preventable hospitalizations within the target population.
- Successfully coordinated and led a team of 20 volunteers in organizing an annual health fair that attracted more than 5,000 attendees, providing free health screenings, educational materials, and wellness workshops to promote healthy lifestyles and disease prevention.
- Conducted a series of 50 workshops on chronic disease management and prevention, reaching over 1,500 patients and their families, which contributed to a 10% improvement in self-reported medication adherence and a 12% decrease in emergency room visits for chronic disease-related complications.
- Secured \$250,000 in grant funding to support the expansion of health education programming and resources, enabling the establishment of new partnerships with local schools and community organizations, and increasing the reach of health education initiatives by 30%.

Assistant Health Educator at MedStar Health, MD

Aug 2021 - Jan 2023

- Successfully implemented a community health program that reached over 10,000 individuals, resulting in a 15% increase in regular health screenings and a 10% reduction in preventable diseases within the target population.
- Developed and delivered over 100 health education workshops and presentations, reaching more than 2,500 participants and leading to a 25% increase in awareness and understanding of important health topics such as nutrition, mental health, and disease prevention.
- Coordinated and managed a team of 20 volunteers for various health outreach events, resulting in a 30% increase in community engagement and a heightened awareness of available health resources.
- Conducted comprehensive evaluations of existing health education materials and resources, leading to a 40% improvement in content quality and effectiveness, and ensuring that all materials met the needs of diverse populations served by MedStar Health.