

# Thera Dahlstrand

Information Security Manager

## Profile

Information Security Manager with 5 years of experience in designing, implementing, and managing robust security systems to safeguard sensitive data and ensure compliance with industry standards. Adept at risk assessment, policy development, and team leadership, with a proven track record of successfully mitigating cyber threats and enhancing organizational security posture. Strong communication skills and expertise in collaborating with cross-functional teams to achieve strategic security objectives.

## Employment History

### Information Security Manager at SecureWorks, OK

Apr 2023 - Present

- Reduced security incidents by 35% within the first year by implementing robust security policies and procedures, as well as conducting regular employee training sessions at SecureWorks.
- Increased efficiency of threat detection and response by 40% through the successful integration of advanced security tools, such as SIEM and threat intelligence platforms, resulting in faster incident resolution and reduced downtime.
- Managed a team of 12 security analysts, achieving a 90% success rate in identifying and mitigating potential threats, and ensuring the company's security posture remained strong against evolving cyber threats.
- Successfully completed a comprehensive security audit and achieved a 95% compliance score, leading to the implementation of new security controls and processes that further enhanced the organization's overall security posture.

### Information Security Analyst at CyberArk, OK

Jul 2018 - Mar 2023

- Successfully implemented an enterprise-wide Privileged Access Management (PAM) solution, securing access to over 5,000 critical systems and reducing the risk of unauthorized access by 90%.
- Conducted a comprehensive security assessment of the company's IT infrastructure, identifying and remediating over 200 critical vulnerabilities, resulting in a 75% reduction in potential security incidents.
- Developed and delivered cybersecurity awareness training to over 3,000 employees, increasing their understanding of security best practices and reducing the likelihood of successful phishing attacks by 60%.

## Certificates

### Certified Information Systems Security Professional (CISSP)

May 2022

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## Education

### Master of Science in Information Security Management at University of Tulsa, OK

Aug 2014 - May 2018

Relevant Coursework: Cryptography, Network Security, Cybersecurity Risk Management, Security Architecture, Secure Software Development, Information Assurance, Security Policy and Governance, Incident Response, and Digital Forensics.

## Links

[linkedin.com/in/theradahlstrand](https://www.linkedin.com/in/theradahlstrand)

## Skills

Cryptography

Penetration Testing

Firewall Management

Intrusion Detection

Risk Assessment

Secure Coding

Identity Management

## Languages

English

Russian