

TOSHIMA SURTI

Lactation Consultant

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(243) 931-1375

1234 Prairie Lane, Bismarck, ND 58501



PROFILE

A dedicated Lactation Consultant with 2 years of experience in providing evidence-based guidance and compassionate support to new mothers. Proficient in assessing infant feeding and maternal lactation issues, creating tailored care plans, and conducting follow-up evaluations. Demonstrates strong interpersonal skills and a commitment to empowering mothers to achieve their breastfeeding goals. Actively maintains current knowledge of best practices and emerging trends in lactation consultation.

LINKS

[linkedin.com/in/toshimasurti](https://www.linkedin.com/in/toshimasurti)

SKILLS

Empathy

Active Listening

Problem-solving

Breastfeeding Techniques

Infant Nutrition

Communication

Latch Assessment

LANGUAGES

English

Urdu

HOBBIES

EMPLOYMENT HISTORY

Lactation Consultant at Sanford Health, ND

Mar 2023 - Present

- Successfully assisted over 500 new mothers in establishing and maintaining breastfeeding within the first year, resulting in a 25% increase in breastfeeding rates at Sanford Health, ND.
- Developed and implemented a comprehensive lactation education program for nursing staff, leading to a 40% increase in breastfeeding knowledge and support skills among the team.
- Conducted 30 community outreach events and workshops to promote breastfeeding awareness and support, reaching over 1,000 families and contributing to a 15% increase in breastfeeding initiation rates in the surrounding area.
- Collaborated with a multidisciplinary team to create a designated lactation space within the hospital, increasing patient satisfaction scores by 20% and significantly improving the breastfeeding experience for both mothers and infants.

Lactation Consultant Intern at Essentia Health, ND

Jul 2021 - Feb 2023

- Successfully assisted over 100 new mothers in initiating breastfeeding within the first hour of birth, resulting in a 25% increase in early initiation rates at Essentia Health, ND.
- Developed and implemented a prenatal breastfeeding education program for expectant parents, reaching over 200 participants and increasing breastfeeding knowledge by 40%.
- Collaborated with a team of healthcare professionals to improve the overall breastfeeding support system at Essentia Health, ND, leading to a 15% increase in exclusive breastfeeding rates during hospital stay.
- Conducted a comprehensive evaluation of current lactation support services and provided recommendations for improvement, resulting in a 20% increase in patient satisfaction scores related to breastfeeding support.

EDUCATION

Bachelor of Science in Lactation Consultancy at North Dakota State University, Fargo, ND

Sep 2017 - May 2021

Relevant Coursework: Human Anatomy and Physiology, Infant and Maternal Nutrition, Breastfeeding Assessment and Support, Lactation Education and Counseling, Advanced Lactation Pathophysiology, Clinical Lactation Management, and Ethics in Lactation Practice.

CERTIFICATES