

# Calla Starsiak

Massage Therapist

## Profile

A dedicated and skilled Massage Therapist with 2 years of experience in providing customized therapeutic massage treatments to diverse clientele. Proficient in various modalities, including Swedish, deep tissue, and sports massage, ensuring tailored sessions to address individual client needs. Committed to promoting relaxation, stress reduction, and overall wellness through excellent communication and exceptional customer service. Demonstrates strong interpersonal skills and a passion for continued learning and professional development in the field of massage therapy.

## Employment History

### Massage Therapist at Oregon Massage and Wellness, OR

Feb 2023 - Present

- Successfully increased client retention rate by 40% within the first year of employment by implementing personalized treatment plans and maintaining strong communication with clients at Oregon Massage and Wellness.
- Achieved a consistent 95% client satisfaction rating over two years, as measured by post-treatment surveys, through exceptional customer service and personalized massage techniques tailored to individual needs at Oregon Massage and Wellness.
- Expanded the facility's range of services by becoming certified in specialized modalities, such as prenatal massage and deep tissue therapy, resulting in a 30% increase in new client bookings within six months at Oregon Massage and Wellness.

### Massage Therapist Apprentice at Balanced Bodywork and Massage, OR

Sep 2021 - Dec 2022

- Successfully completed over 600 hours of supervised training in various massage techniques, including Swedish, deep tissue, and sports massage, resulting in a comprehensive understanding of therapeutic practices.
- Developed and maintained a loyal clientele of over 50 regular clients, leading to steady bookings and a high rate of client satisfaction.
- Collaborated with a team of experienced massage therapists to create customized treatment plans for clients, contributing to a 30% increase in repeat business within the first year of apprenticeship.
- Participated in community outreach events, providing free massage sessions to over 100 individuals, promoting the benefits of massage therapy and raising awareness for Balanced Bodywork and Massage.

## Education

### Diploma in Massage Therapy at Oregon School of Massage, Portland, OR

Aug 2017 - May 2021

## Details

[calla.starsiak@gmail.com](mailto:calla.starsiak@gmail.com)

(604) 487-0614

1234 Oak Street, Portland, OR 97212

## Links

[linkedin.com/in/callastarsiak](https://www.linkedin.com/in/callastarsiak)

## Skills

Reflexology

Shiatsu

Myofascial Release

Craniosacral Therapy

Lymphatic Drainage

Thai Massage

Trigger Point Therapy

## Languages

English

Dutch

## Hobbies

Yoga

Painting or drawing

Gardening