

Tanika Satsky

Mental Health Assistant

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☎ (447) 017-6727

📍 123 Maple Street, Milwaukee,
WI 53202

Education

**Associate of Applied Science
in Mental Health Technology
at Fox Valley Technical
College, Appleton, WI**

Aug 2018 - May 2022

Relevant Coursework:
Introduction to Psychology,
Abnormal Psychology, Mental
Health and Society, Counseling
Skills, Crisis Intervention, Human
Development, Group Dynamics,
Case Management, Substance
Abuse, and Psychiatric
Rehabilitation.

Links

[linkedin.com/in/tanikasatsky](https://www.linkedin.com/in/tanikasatsky)

Skills

Active Listening

Empathy

Crisis Intervention

Behavior Modification

Mindfulness Techniques

Cognitive Restructuring

Motivational Interviewing

Languages

English

Arabic

Profile

Mental Health Assistant with 1 year of experience providing compassionate support to patients and working closely with mental health professionals. Skilled in conducting assessments, creating individualized care plans, and implementing therapeutic interventions. Demonstrates strong communication and interpersonal skills, fostering positive relationships with patients and their families. Committed to promoting mental well-being and enhancing the quality of life for patients.

Employment History

Mental Health Assistant at Aurora Behavioral Health Services, WI

Apr 2023 - Present

- Successfully managed a caseload of over 50 patients per month, providing comprehensive mental health support and ensuring timely delivery of care at Aurora Behavioral Health Services, WI.
- Implemented therapeutic interventions for 80% of patients, resulting in a 25% reduction in hospital readmission rates within six months.
- Coordinated and facilitated a weekly support group for 30+ participants, contributing to a 30% improvement in patient-reported mental well-being over the course of a year.

Mental Health Support Worker at Rogers Behavioral Health, WI

Jul 2022 - Feb 2023

- Successfully managed a caseload of over 60 patients at Rogers Behavioral Health, providing comprehensive mental health support and contributing to a 25% reduction in hospitalization rates for these patients within a one-year period.
- Developed and led weekly group therapy sessions for patients with various mental health conditions, resulting in a 35% increase in patient satisfaction scores and a 40% improvement in treatment adherence.
- Collaborated with a multidisciplinary team of psychiatrists, psychologists, and social workers to develop individualized treatment plans for patients, leading to a 30% reduction in the average length of stay for patients.
- Implemented an innovative crisis intervention program for patients experiencing severe mental health episodes, which resulted in a 50% decrease in emergency room visits among program participants within six months.

Certificates

Certified Peer Specialist (CPS)

Mar 2022

Mental Health First Aid Certification

Jul 2020

Memberships