

# Addilynn Plamann

Nursing Assistant

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## EDUCATION

### Diploma in Nursing Assistant at Pima Community College, Tucson, AZ

Aug 2017 - May 2022  
Relevant Coursework: Anatomy and Physiology, Medical Terminology, Nutrition, Patient Care Techniques, Infection Control, Communication Skills, First Aid, and CPR.

## LINKS

[linkedin.com/in/addilynnplamann](https://www.linkedin.com/in/addilynnplamann)

## SKILLS

- Phlebotomy
- Electrocardiography
- Catheterization
- Wound care
- Vital signs monitoring
- Patient lifting techniques
- Infection control

## LANGUAGES

- English
- Mandarin

## HOBBIES

- Gardening
- Scrapbooking

## PROFILE

Dedicated Nursing Assistant with 1 year of experience providing compassionate and high-quality patient care. Proficient in assisting with daily living activities, taking vital signs, and documenting patient information. Strong communication skills, ability to work well in fast-paced environments, and commitment to continuous learning and professional development. Seeking to contribute to a dynamic healthcare team and enhance patient outcomes.

## EMPLOYMENT HISTORY

- Certified Nursing Assistant at Arizona Medical Training Institute, AZ**  
Feb 2023 - Present
  - Successfully assisted in the care of over 100 patients per month, providing essential support to nursing staff and ensuring timely delivery of quality healthcare services.
  - Streamlined patient admission and discharge processes, reducing average wait times by 30% and significantly improving patient satisfaction rates.
  - Implemented a new patient documentation system, resulting in a 25% reduction in paperwork errors and a 15% increase in overall staff efficiency.
- Nursing Assistant at Brookline College, AZ**  
Aug 2022 - Dec 2022
  - Successfully cared for over 150 patients per month, ensuring timely medication administration and accurate documentation of vital signs, resulting in a 95% patient satisfaction rating.
  - Streamlined the patient admission and discharge process, reducing average wait times by 30% and increasing patient turnover rate by 20%.
  - Led a team of 5 nursing assistants in implementing a new patient care plan system, which improved overall care coordination and reduced medication errors by 40%.
  - Received the "Employee of the Month" award twice for exceptional patient care and dedication to teamwork, contributing to a 10% increase in overall staff morale.

## CERTIFICATES

**Certified Nursing Assistant (CNA)**  
May 2022

**Certified Patient Care Technician/Assistant (CPCT/A)**  
Sep 2020

## MEMBERSHIPS

**National Association of Health Care Assistants (NAHCA)**