

# Olina Wallingford

PACU RN

## Profile

Dedicated PACU RN with 1 year of experience in providing high-quality post-anesthesia care to patients. Proficient in monitoring and assessing patients' vital signs, administering medications, and ensuring a safe recovery environment. Demonstrates strong clinical judgment, excellent communication skills, and a commitment to patient-centered care. Eager to contribute to a dynamic healthcare team and continue to grow as a nursing professional.

## Employment History

### PACU Registered Nurse at Denver Health, CO

Mar 2023 - Present

- Successfully managed the post-operative care of over 500 patients per month, ensuring a smooth recovery process and timely discharge from the PACU.
- Reduced patient recovery time by 20% by implementing an evidence-based pain management protocol, resulting in improved patient satisfaction scores.
- Collaborated with a multidisciplinary team to develop and implement a new patient education program, leading to a 25% reduction in post-operative complications and readmissions within 30 days.

### PACU Registered Nurse I at UCHealth, CO

Jul 2022 - Jan 2023

- Successfully managed the post-operative care of over 1,500 patients in a year, ensuring a smooth and efficient recovery process with minimal complications.
- Implemented a new patient education initiative, resulting in a 25% increase in patient satisfaction scores regarding post-operative care and instructions.
- Collaborated with a team of nurses to reduce average patient recovery time by 15%, leading to increased patient throughput and improved overall PACU efficiency.

## Certificates

### Certified Post Anesthesia Nurse (CPAN)

Nov 2021

### Certified Ambulatory Perianesthesia Nurse (CAPA)

Jan 2020

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## Education

### Bachelor of Science in Nursing (BSN) at University of Colorado, Colorado Springs

Sep 2017 - May 2022

Relevant Coursework: Anatomy and Physiology, Microbiology, Pharmacology, Pathophysiology, Nursing Research and Evidence-Based Practice, Health Assessment, Medical-Surgical Nursing, Pediatric Nursing, Maternity Nursing, Psychiatric Nursing, Community Health Nursing, Leadership and Management, and Nursing Ethics.

## Links

[linkedin.com/in/olinawallingford](https://www.linkedin.com/in/olinawallingford)

## Skills

Hemodynamic monitoring

Ventilator management

IV infusion therapy

Wound care

Pain management

Electrocardiogram interpretation

Telemetry monitoring

## Languages

English

German