

Najia Azua

Peer Counselor

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☎ (619) 391-4351

📍 123 Maple St, Boise, ID

EDUCATION

Certificate in Peer Counseling at Boise State University, Boise, ID

Aug 2018 - May 2022

Relevant Coursework: Active Listening, Empathy Development, Crisis Intervention, Communication Skills, Group Dynamics, Ethics and Professionalism, and Mental Health and Wellness.

LINKS

[linkedin.com/in/najiaazua](https://www.linkedin.com/in/najiaazua)

SKILLS

Active Listening

Empathy

Conflict Resolution

Motivational Interviewing

Assertiveness Training

Stress Management

Solution-Focused Brief Therapy

LANGUAGES

English

Dutch

HOBBIES

Journaling

Gardening

Painting

PROFILE

Dedicated Peer Counselor with 1 year of experience in providing empathetic and effective support to individuals facing various challenges. Skilled in active listening, communication, and problem-solving, with a strong ability to build trust and rapport with clients. Committed to fostering personal growth and resilience for a diverse range of individuals in need.

EMPLOYMENT HISTORY

Peer Counselor I at Idaho Youth Ranch, ID

Feb 2023 - Present

- Successfully mentored and supported over 50 at-risk youth in a one-year period, resulting in a 70% decrease in negative behaviors and a 60% increase in school attendance rates.
- Developed and implemented a comprehensive peer counseling program, which was adopted by the Idaho Youth Ranch and subsequently led to a 40% increase in youth participation and engagement in counseling sessions.
- Facilitated weekly group therapy sessions for 20-25 participants, leading to a 90% participant satisfaction rate and a 30% reduction in reported feelings of isolation and loneliness among attendees.

Peer Counselor II at Idaho Behavioral Health, ID

Aug 2022 - Dec 2022

- Successfully managed a caseload of over 50 clients, providing consistent and effective support to individuals with various behavioral health issues, resulting in a 90% satisfaction rate among clients.
- Implemented group therapy sessions for clients struggling with addiction, leading to a 30% increase in successful recovery rates and a 25% reduction in relapse occurrences within the first year.
- Developed and facilitated mental health workshops for the local community, reaching over 200 participants and increasing awareness and understanding of mental health issues by 60%.

CERTIFICATES

Certified Peer Specialist (CPS)

Nov 2021

Mental Health First Aid Certification

Jun 2020

MEMBERSHIPS

American Counseling Association (ACA)

National Association of Peer Program Professionals (NAPPP)