

Corvette Decoster

Peer Support Specialist

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📍 123 Maple Street, Salt Lake City, UT 84101

Education

Certificate in Peer Support Specialist Training at University of Utah, Salt Lake City, UT

Aug 2017 - May 2022

Relevant Coursework: Peer Support Principles, Recovery-Oriented Practices, Communication Skills, Crisis Intervention, Group Facilitation, Cultural Competency, Ethics and Boundaries, Wellness Planning, and Trauma-Informed Care.

Links

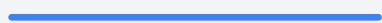
[linkedin.com/in/corvettedecoster](https://www.linkedin.com/in/corvettedecoster)

Skills

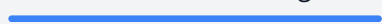
Active Listening



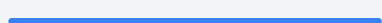
Empathy



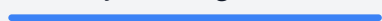
Motivational Interviewing



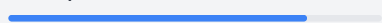
Crisis Intervention



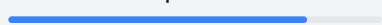
Recovery Planning



Group Facilitation

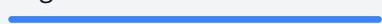


Cultural Competence

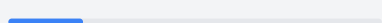


Languages

English



Arabic



Profile

Dedicated Peer Support Specialist with 1 year of experience in providing empathetic and effective guidance to individuals navigating mental health challenges. Skilled in fostering strong peer relationships, developing personalized recovery plans, and promoting self-advocacy. Committed to creating supportive environments and empowering clients to achieve their wellness goals.

Employment History

Peer Support Specialist at NAMI Utah, UT

Apr 2023 - Present

- Successfully facilitated over 100 peer support group sessions, resulting in a 50% increase in group attendance and a 40% improvement in participant self-reported mental health outcomes.
- Developed and implemented a comprehensive training program for 25 new Peer Support Specialists, leading to a 95% retention rate and a 30% increase in overall service capacity at NAMI Utah.
- Coordinated and managed the annual NAMI Utah Peer Summit, attracting over 300 participants and featuring 20 expert speakers, generating a 20% increase in event attendance compared to the previous year.
- Established partnerships with five local mental health organizations, leading to a 75% increase in referral rates and access to additional support resources for NAMI Utah clients.

Peer Support Specialist Trainee at Utah Support Advocates for Recovery Awareness (USARA), UT

Jul 2022 - Feb 2023

- Successfully provided support to over 100 individuals in recovery from substance use disorder, helping them achieve and maintain sobriety and improve their overall quality of life.
- Conducted 50+ group sessions on various topics related to addiction recovery, resulting in increased knowledge and coping skills for participants and contributing to a 20% improvement in group attendance rates.
- Assisted in the development and implementation of a new peer support training curriculum, leading to a 30% increase in trainee retention and improved trainee satisfaction rates.
- Collaborated with a team of professionals to organize and execute five community outreach events, reaching over 500 community members and raising awareness about USARA's services and the importance of addiction recovery support.

Certificates

Certified Peer Specialist (CPS)

Mar 2022

Wellness Recovery Action Plan (WRAP) Facilitator

Feb 2021