# Laronica Sablan

Physical Therapist Assistant



**(**559) 066-0624

• 123 Main Street, Buffalo, NY 14201

#### **EDUCATION**

Associate of Applied Science in Physical Therapist Assistant at LaGuardia Community College, Long Island City, NY

Aug 2017 - May 2021

Relevant Coursework: Anatomy and Physiology, Kinesiology, Physical Therapy Modalities, Therapeutic Exercise, Rehabilitation Techniques, Pathophysiology, Neurological Rehabilitation, Orthopedic Interventions, Pediatric and Geriatric Care, and Clinical Practicum.

#### LINKS

linkedin.com/in/laronicasablan

### **SKILLS**

Kinesiology

Orthopedic Rehabilitation

**Neurological Therapy** 

Manual Therapy Techniques

**Gait Training** 

Therapeutic Exercise

Electrotherapy

#### **LANGUAGES**

English

German

#### **HOBBIES**

#### **PROFILE**

Dedicated Physical Therapist Assistant with 2 years of experience providing exceptional patient care in various clinical settings. Proficient in implementing personalized treatment plans, assisting with therapeutic exercises, and utilizing modalities to optimize patient outcomes. Strong communication and collaboration skills, with a commitment to fostering a supportive and compassionate environment for patients and their families. Actively pursuing opportunities to further enhance clinical knowledge and expertise in physical therapy.

#### **EMPLOYMENT HISTORY**

# Physical Therapist Assistant at Peak Performance Physical Therapy, NY

Apr 2023 - Present

- Successfully assisted in the rehabilitation of over 200 patients, resulting in a 95% satisfaction rate and improved patient outcomes.
- Developed and implemented an effective therapeutic exercise program for a group of 30 athletes, leading to a 90% return-to-sport rate within six months.
- Collaborated with a team of 5 physical therapists in creating a comprehensive fall prevention program, which reduced the number of falls among elderly patients by 50% over the course of one year.
- Streamlined documentation processes, saving an average of 10 hours per week for the entire therapy team and improving overall efficiency by 20%.

## Physical Therapist Aide at , NY

Jul 2021 - Feb 2023

- Successfully assisted in the rehabilitation of over 150 patients, resulting in a 95% success rate in achieving their individual treatment goals during a one-year period.
- Streamlined therapy session scheduling system, reducing wait times for patients by 20% and increasing overall patient satisfaction scores by 10% within six months.
- Implemented a new inventory management system for therapy equipment and supplies, reducing supply costs by 15% and increasing overall efficiency in the department by 25% over the course of a year.

#### **CERTIFICATES**

# American Physical Therapy Association (APTA) Recognized Specialist Certification

Aug 2021

**Orthopedic Certified Specialist (OCS)** 

Dec 2019

Neurologic Certified Specialist (NCS)

May 2018