

Alexander Buick

Psychiatric Nurse Practitioner

Profile

A dedicated Psychiatric Nurse Practitioner with 4 years of experience providing compassionate and evidence-based mental health care to diverse patient populations. Proficient in conducting comprehensive psychiatric evaluations, developing personalized treatment plans, and prescribing appropriate psychotropic medications. Demonstrated ability to collaborate effectively with multidisciplinary teams and establish strong rapport with patients and their families. Committed to continuous professional development and staying current with advancements in the field of mental health.

Employment History

Psychiatric Nurse Practitioner at Bluegrass Mental Health Services, KY

Apr 2023 - Present

- Successfully managed a caseload of over 100 patients, providing comprehensive psychiatric assessments, diagnosis, and treatment plans, resulting in a 25% reduction in hospitalization rates for the patient population.
- Developed and implemented a group therapy program for patients with substance use disorders, which led to a 30% increase in patient engagement and a 15% decrease in relapse rates within the first year of the program.
- Collaborated with a multidisciplinary team to create an evidence-based suicide prevention program, leading to a 40% decrease in suicide attempts among high-risk patients over a two-year period.
- Led a quality improvement initiative focused on medication management, resulting in a 20% reduction in medication errors and increased patient satisfaction by 15% within the first six months of implementation.

Psychiatric Nurse Practitioner Resident at Kentucky Counseling Center, KY

Aug 2019 - Mar 2023

- Successfully managed a caseload of over 50 patients per week, providing comprehensive psychiatric evaluations, medication management, and therapeutic interventions, resulting in a 75% improvement in their mental health symptoms.
- Implemented a group therapy program for patients with anxiety and depression, leading to a 60% increase in patient satisfaction and a 40% reduction in hospital readmission rates within six months.
- Collaborated with an interdisciplinary team to develop and implement individualized treatment plans, contributing to a 90% adherence rate among patients and a 20% decrease in crisis intervention needs.

Education

Details

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Links

[linkedin.com/in/alexanderbuick](https://www.linkedin.com/in/alexanderbuick)

Skills

Psychotherapy

Psychopharmacology

Crisis intervention

Cognitive-behavioral therapy (CBT)

Dialectical behavior therapy (DBT)

Motivational interviewing

Family systems therapy

Languages

English

Portuguese

Hobbies

Gardening

Painting or drawing

Playing a musical instrument