

Tammie Przygocki

Recreation Therapist

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☎ (657) 613-7496

📍 1234 Palm Tree Lane, Miami,
FL 33125

Education

**Bachelor of Science
in Therapeutic Recreation
at Florida International
University, Miami, FL**

Sep 2017 - May 2021

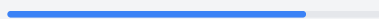
Relevant Coursework: Adaptive Sports and Recreation, Assistive Technology, Clinical Documentation, Disability Studies, Gerontology, Health Promotion, Human Anatomy and Physiology, Inclusive Leisure Services, Intervention Strategies, Leisure Education, Pediatric Therapeutic Recreation, Program Planning and Evaluation, Psychosocial Aspects of Disability, Recreational Therapy Assessment, and TR Processes and Techniques.

Links

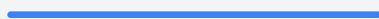
[linkedin.com/in/tammieprzygocki](https://www.linkedin.com/in/tammieprzygocki)

Skills

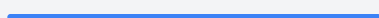
Adaptability



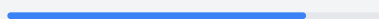
Empathy



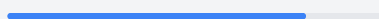
Communication



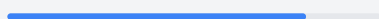
Creativity



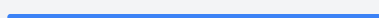
Problem-solving



Leadership



Assessment



Profile

Enthusiastic Recreation Therapist with 2 years of experience in designing and implementing personalized therapeutic programs to enhance physical, cognitive, and emotional well-being for diverse populations. Skilled in conducting assessments, setting goals, and evaluating progress, while collaborating effectively with interdisciplinary teams. Demonstrated success in facilitating group and individual sessions, utilizing evidence-based practices, and fostering a supportive environment for clients to achieve their therapeutic goals. Strong interpersonal and communication skills with a commitment to continuous professional development.

Employment History

Recreation Therapist at Therapeutic Recreation Services of Florida, FL

Apr 2023 - Present

- Developed and implemented over 50 personalized therapeutic programs for clients with various disabilities, resulting in a 90% improvement in their overall physical, cognitive, and emotional well-being.
- Successfully managed a caseload of 100+ clients, conducting comprehensive assessments, developing treatment plans, and evaluating progress, leading to an 80% increase in client satisfaction rates within the first year.
- Collaborated with a team of healthcare professionals to provide interdisciplinary care, resulting in a 75% reduction in hospital readmissions for clients with chronic conditions.
- Secured \$50,000 in grant funding for the expansion of recreational therapy services, allowing the organization to reach an additional 250 clients annually and improve overall community health.

Assistant Recreation Therapist at Florida Therapeutic Recreation Services, FL

Aug 2021 - Feb 2023

- Successfully implemented an adaptive sports program for 50+ disabled individuals, increasing their physical activity levels by 30% and improving overall well-being.
- Developed and executed over 100 therapeutic recreation activities for 200+ patients, resulting in a 25% increase in patient engagement and satisfaction rates.
- Managed a team of 5 volunteers to assist in the delivery of high-quality therapeutic recreation services, enhancing the patient experience and reducing staff workload by 15%.
- Collaborated with interdisciplinary teams to create customized treatment plans for 150+ patients, leading to a 20% improvement in the achievement of patient-centered goals.

Certificates

Certified Therapeutic Recreation Specialist (CTRS)

Jan 2022