# Matiana Fatheree

Recreational Therapist



**(**614) 776-9081

• 123 Main Street, Boston, MA 02115

#### **EDUCATION**

# Bachelor of Science in Recreational Therapy at Boston University, MA

Aug 2016 - May 2021

Relevant Coursework: Therapeutic Recreation, Anatomy and Physiology, Human Development, Recreation Program Planning, Inclusive Recreation, Adapted Sports, Disability Studies, Assessment and Documentation, Intervention Techniques, and Professional Issues in Recreational Therapy.

#### LINKS

linkedin.com/in/matianafatheree

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Adaptability

Empathy

Creativity

Communication

Problem-solving

Patience

Leadership

### LANGUAGES

English

Indonesian

#### **HOBBIES**

#### **PROFILE**

A dedicated and compassionate Recreational Therapist with 2 years of experience in providing personalized therapeutic interventions to enhance the physical, emotional, and social well-being of diverse clients. Skilled in assessing individual needs, developing and implementing tailored treatment plans, and evaluating progress. Proficient in facilitating group activities, fostering client engagement, and collaborating with multidisciplinary teams to optimize client outcomes. Committed to ongoing professional development and staying current on the latest therapeutic techniques and best practices.

#### EMPLOYMENT HISTORY

## Recreational Therapist at Boston University's Sargent College, MA

Mar 2023 - Present

- Successfully implemented a new adaptive sports program for over 150 students with disabilities, increasing their physical activity participation by 45% and overall well-being by 30%.
- Developed and executed a comprehensive recreational therapy curriculum for 75 older adults in a local assisted living facility, resulting in a 25% improvement in their cognitive function and social engagement levels.
- Coordinated and led an annual week-long therapeutic camp for 50 children with Autism Spectrum Disorder, achieving a 90% satisfaction rate among participants and parents, and leading to a 35% increase in funding support from the university.

# Assistant Recreational Therapist at Spaulding Rehabilitation Network, MA

Jul 2021 - Jan 2023

- Successfully designed and implemented a new adaptive sports
  program for patients, increasing participation rates by 45% within the
  first six months and improving patient satisfaction by 30%.
- Coordinated and led over 120 therapeutic group sessions per year, resulting in a 25% improvement in patients' physical and cognitive functioning on average, as measured by standardized assessment tools.
- Developed a comprehensive training manual for incoming recreational therapy staff, which reduced onboarding time by 50% and increased overall staff efficiency by 15%.

#### **CERTIFICATES**

**Certified Therapeutic Recreation Specialist (CTRS)** 

Sep 2021

Aquatic Therapy and Rehabilitation Industry Certification (ATRIC)

Oct 2019

#### **MEMBERSHIPS**

National Council for Therapeutic Recreation Certification (NCTRC)