



Yessica Karlstrom

Rehabilitation Therapist

Rehabilitation Therapist with 4 years of experience in providing comprehensive therapeutic interventions to patients with diverse conditions. Skilled in developing and implementing customized treatment plans to optimize patient outcomes. Proficient in various therapeutic approaches, including physical, occupational, and speech therapy. Demonstrated ability to work collaboratively with interdisciplinary teams to ensure patient-centered care. Committed to continuous professional growth and staying current with industry advancements.

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Education

**Master of Science in
Rehabilitation Therapy at
University of Missouri,
Columbia, MO**

Aug 2015 - May 2019

Relevant Coursework:
Advanced Rehabilitation
Techniques, Clinical Research
Methods, Neuroscience
and Neurorehabilitation,
Prosthetics and Orthotics,
Assistive Technology, Motor
Control and Learning,
Biomechanics, Gait Analysis,
and Health Promotion and
Wellness.

Links

[linkedin.com/in/yessicakarlstrom](https://www.linkedin.com/in/yessicakarlstrom)

Skills

Empathy



Employment History

Rehabilitation Therapist at Alliance Rehab, MO

Apr 2023 - Present

- Successfully treated over 150 patients in a 12-month period, with an 85% success rate in achieving their rehabilitation goals.
- Implemented a new patient assessment system that increased efficiency by 30% and improved patient outcomes by 15%.
- Led a team of 10 therapists in the development and execution of a specialized rehabilitation program for stroke patients, resulting in a 25% increase in patient recovery rates within the first six months.
- Designed and facilitated a series of workshops for 50+ healthcare professionals, focusing on innovative rehabilitation techniques and best practices, leading to a 20% increase in therapist knowledge and skill levels.

Associate Rehabilitation Therapist at , MO

Aug 2019 - Mar 2023

- Successfully rehabilitated 75 patients with various physical disabilities, helping them regain mobility and independence in their daily lives.
- Developed and implemented a comprehensive therapy plan for a group of 20 stroke patients, resulting in a 90% improvement rate in motor skills and coordination over a six-month period.
- Collaborated with a team of healthcare professionals to create a multidisciplinary rehabilitation program, which led to a 25% increase in patient recovery rates within the first year of implementation.
- Conducted a series of workshops and training sessions for 50+ caregivers, improving their understanding of rehabilitation techniques and enhancing their ability to support patients in their recovery journey.

Certificates

Certified Rehabilitation Counselor (CRC)

Oct 2021

Assistive Technology Professional (ATP)

Apr 2020