# Gloriana Balish

Runner



(322) 977-3060

• 123 Oak Street, Nashville, TN 37208

## Education

Bachelor of Science in Exercise Science and Sports Management at Middle Tennessee State University, Murfreesboro, TN

Aug 2017 - May 2022

Relevant Coursework: Exercise Physiology, Kinesiology, Biomechanics, Sports Nutrition, Strength and Conditioning, Injury Prevention and Rehabilitation, Sports Psychology, Fitness Assessment, Health Promotion, Facility Management, and Marketing Strategies in Sports Industry.

## Links

linkedin.com/in/glorianabalish

### Skills

**Sprinting** 

Endurance

**Pacing** 

Agility

Hill-climbing

Interval training

**Plyometrics** 

# Languages

English

### **Profile**

Dedicated and energetic Runner with 1 year of experience in providing top-notch support to fast-paced food and beverage establishments. Adept at handling multiple tasks simultaneously, ensuring timely order delivery, and maintaining clean and well-stocked work areas. Excellent interpersonal and communication skills, with a strong commitment to providing exceptional customer service.

## **Employment History**

## Runner at Nike, TN

Apr 2023 - Present

- Successfully increased store sales by 15% within six months by implementing effective visual merchandising strategies and providing exceptional customer service, contributing to the overall growth of the Nike, TN branch.
- Streamlined inventory management processes, resulting in a 25% reduction in stock discrepancies and a 10% improvement in product turnover rate, ensuring optimal stock levels and availability for customers.
- Led a team of 5 sales associates in achieving a record-breaking sales month, surpassing the previous sales record by 20%, earning recognition as the top-performing team within the Nike, TN location.

### Assistant Runner at Adidas, TN

Sep 2022 - Mar 2023

- Successfully coordinated and executed over 150 product launches, ensuring smooth operations and a positive customer experience.
- Streamlined inventory management processes, resulting in a 30% reduction in stock discrepancies and contributing to a 20% increase in overall store efficiency.
- Assisted in training and onboarding of 10 new employees, leading to improved team performance and a 15% decrease in staff turnover.
- Consistently exceeded sales targets by an average of 12%, contributing to the store's overall growth and increased revenue by 8%.

## **Certificates**

Road Runners Club of America (RRCA) Coaching Certification Apr 2022

International Association of Ultrarunners (IAU) Race Director Certificate May 2020

# Memberships

Road Runners Club of America (RRCA)

**USA Track & Field (USATF)**