

Hilaria Farrant

Sailing Instructor

✉ hilaria.farrant@gmail.com

☎ (745) 150-0863

📍 123 Elm Street, Lincoln, NE 68508

EDUCATION

Diploma in Sailing Instruction and Coaching at University of Nebraska-Lincoln, NE

Sep 2016 - May 2021

Relevant Coursework: Sailing Techniques and Safety, Navigation and Meteorology, Coaching and Instructional Methods, Racing Rules and Tactics, Equipment Maintenance and Repair, Vessel Management, and First Aid and Emergency Response.

LINKS

[linkedin.com/in/hilariafarrant](https://www.linkedin.com/in/hilariafarrant)

SKILLS

Knot-tying

Navigation

Rigging

Capsize recovery

Sail trimming

Weather forecasting

Tacking and jibing

LANGUAGES

English

Russian

HOBBIES

Windsurfing

Photography

PROFILE

A dedicated Sailing Instructor with 2 years of experience, adept at delivering engaging and informative lessons to students of all ages and skill levels. Demonstrates strong knowledge of sailing techniques, safety protocols, and equipment maintenance. Possesses excellent communication and interpersonal skills, fostering a positive learning environment and promoting a passion for sailing among students.

EMPLOYMENT HISTORY

● Head Sailing Instructor at Nebraska Sailing Adventures, NE

May 2023 - Present

- Successfully trained and certified over 150 new sailors in a single season, resulting in a 20% increase in overall membership for Nebraska Sailing Adventures.
- Implemented a new safety protocol that decreased on-water accidents by 35%, ensuring a safer and more enjoyable experience for all participants.
- Developed and executed a comprehensive instructor training program, leading to a 50% increase in the number of certified sailing instructors available to teach courses, ultimately expanding the company's course offerings and revenue potential.

● Assistant Sailing Instructor at Cornhusker Sail Training, NE

Aug 2021 - Apr 2023

- Successfully trained and certified over 50 students in sailing techniques and safety protocols during the summer season, resulting in a 95% pass rate for participants.
- Spearheaded the implementation of a new digital learning platform for course materials, reducing paper waste by 75% and increasing student engagement by 20%.
- Developed and executed a weekly team-building program for 10 fellow instructors, leading to a 30% improvement in staff communication and collaboration.

CERTIFICATES

US Sailing Instructor Certification

Sep 2021

International Yacht Training (IYT) Instructor Certificate

Mar 2020

MEMBERSHIPS

United States Sailing Association (US Sailing)

Royal Yachting Association (RYA)