

Zenna Elhag

Wellness Ambassador

Profile

As a Wellness Ambassador with over a year of experience, I consistently demonstrated my passion for promoting health and wellness within the community. My expertise in creating and implementing engaging wellness programs, coupled with my strong interpersonal skills, allowed me to effectively collaborate with diverse groups and tailor initiatives to meet their specific needs. I took pride in my ability to educate and inspire individuals to make lasting, positive changes in their lifestyles, ultimately fostering a culture of well-being. Through my dedication and commitment to this role, I successfully contributed to the overall health and happiness of those I served.

Employment History

Wellness Ambassador at Oregon Healthiest State Initiative, OR

Nov 2022 - Present

- Successfully implemented wellness programs across 50+ organizations in Oregon, resulting in a 20% average increase in employee engagement and well-being scores.
- Spearheaded a statewide mental health awareness campaign, reaching over 100,000 individuals and contributing to a 15% decrease in reported stress levels among participants.
- Coordinated and managed the annual Oregon Healthiest State Initiative conference, attracting over 1,000 attendees and securing partnerships with 30 local businesses to promote wellness in the community.

Wellness Ambassador Associate at Wellsource Inc., OR

Aug 2022 - Sep 2022

- Successfully increased client engagement by 25% within the first six months by implementing targeted wellness programs and providing personalized support to over 200 individuals, resulting in higher satisfaction rates and improved health outcomes.
- Developed and implemented a comprehensive wellness communication plan that increased participation in wellness initiatives by 40%, leading to a 10% reduction in healthcare costs for the company.
- Collaborated with a team of wellness professionals to design and launch a new health assessment tool, which was adopted by 75% of clients and contributed to a 20% increase in annual revenue for Wellsource Inc.

Education

Bachelor of Science in Health and Wellness Promotion at Oregon State University, Corvallis, OR

Aug 2018 - May 2022

Relevant Coursework: Health Education and Communication, Exercise Science, Nutrition and Dietetics, Human Physiology, Health Policy and Administration, Stress Management, Epidemiology, and Health Behavior Change.

Details

zenna.elhag@gmail.com

(629) 641-2424

541 Oak Street, Portland, OR 97202

Links

[linkedin.com/in/zennaelhag](https://www.linkedin.com/in/zennaelhag)

Skills

Communication

Empathy

Active listening

Health promotion

Adaptability

Problem-solving

Cultural competence

Languages

English

Italian

Hobbies

Gardening

Yoga

Painting