# Emalea Dunlavy

## Youth Counselor

Dedicated Youth Counselor with 1-year experience in providing emotional, social, and educational support to help foster the growth and development of young individuals. Skilled in creating tailored intervention plans, fostering positive relationships, and utilizing a strengths-based approach to empower youths from diverse backgrounds. Demonstrates strong communication, problem-solving, and collaboration skills to effectively engage with cross-functional teams and community partners.

emalea.dunlavy@gmail.com



(287) 786-4767



1234 Evergreen Lane, Seattle, 😯 WA 98101



#### Education

**Master of Social Work** in Youth Counseling at University of Washington, Seattle, WA

Sep 2018 - May 2022

Relevant Coursework: Child and Adolescent Development, Family Systems Theory, Trauma-Informed Care, Counseling Techniques, Group Therapy, Substance Abuse and Mental Health Interventions, Crisis Intervention, Cultural Competency, and Clinical Assessment and Diagnosis.

#### Links

<u>linkedin.com/in/emaleadunlavy</u>

#### Skills

**Active Listening** 

**Conflict Resolution** 

**Empathy Development** 

**Group Facilitation** 

Behavior Modification

**Crisis Intervention** 

**Goal Setting** 

# **Employment History**

### Youth Counselor at Youth Eastside Services, WA

Feb 2023 - Present

- Developed and implemented a comprehensive mental health support program for over 200 at-risk youth, resulting in a 30% decrease in substance abuse and a 25% improvement in academic performance within one year.
- Successfully managed a caseload of 50 clients, providing individual and group counseling sessions, which led to a 40% reduction in behavioral issues and increased emotional well-being among
- Organized and facilitated a series of community outreach events and workshops, reaching over 1,000 local residents and raising awareness of available resources and support services for youth and families.
- Secured \$50,000 in grant funding to expand the scope of Youth Eastside Services' programs, enabling the organization to provide additional support and resources to underserved populations in the community.

# Assistant Youth Counselor at Pioneer Human Services, WA

Sep 2022 - Dec 2022

- Successfully managed a caseload of 25 at-risk youth, providing individualized counseling and support that led to a 90% improvement in their mental health and overall well-being.
- Developed and implemented a comprehensive life skills program for 50 adolescents, resulting in a 75% increase in their school attendance and a 60% reduction in behavioral issues.
- Facilitated weekly group therapy sessions for 30 youth, fostering a supportive environment that contributed to a 40% decrease in substance abuse and self-harm incidents.
- Coordinated with local community organizations to secure over \$10,000 in funding for recreational and educational programs, enhancing the quality of services provided to the youth at Pioneer Human Services.

# **Certificates**

Certified Child and Youth Counselor (CCYC)

Sep 2021

National Certified Counselor (NCC)